

ETG Training To Live Training For Life Project

mission;

- to encourage and enhance the general public's pursuit of personal growth, self-education, and life long learning
- to change the paradigm of medical health, psychology, and parenting in our society
- to contribute to the removal of large numbers of "customers" from the old medicine and mental healthcare systems

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Section 10

ETG

Health Repair System

ETG Health Repair System

"My people perish from a lack of knowledge"

Cancer & Heart Disease Treatment

<p>* Mind-Body Medicine & Integrative Medicine Institute of Mind-Body Medicine (Dr. Deepak Chopra) -- San Diego, Cal. Center For Integrative Medicine...University Of Arizona (Dr. Andrew Weil) -- Tuscon, Arizona Seton Cove -- Austin, Texas (512)451-0272 Dr. William Rea -- Dallas, Texas The Hills Medical Group --Austin, Texas (512) 327-4886 American Holistic Medical Association -- (919) 787-5146</p>	<p>Cancer Treatment Centers Of America 1-[800]906-5999 [cancercenter.com/home/] Center for Psychoneuroimmunology Research -- University of Rochester School of Medicine, Rochester New York Academy For Guided Imagery -- 1 (800) 726-2070 * Gene Therapy Clinics Southwestern Medical Center -- Dallas, Texas (214) 648-9097</p>
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Back & Neck Pain Treatment & Prevention

<p>* Mckenzie Mechanical Diagnosis & Therapy (MDT) Certified MDT Therapists -- For one in your area call 1 (800) 635-8380</p>	<p>Allan Besselink Dip.MDT -- Ausin, Texas (512) 795-8960 Columbia St. Davids Medical Center, Austin, Texas (512) 867-5092 Round Rock, Texas (512) 218-8230</p>
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Regeneration Medicine

<p>Vertebral Disk Regeneration --- Jung U Yoo MD [Orthopaedic Surgery] University Hospitals of Cleveland and Case Western Reserve [216-844-8365] --- MacroPore Biosurgery [858] 458-0900.....www.macropore.com --- David S. Bradford, M.D. [Department of Orthopaedic Surgery] University of California, San Francisco..... [415]476-2280..... www.spineuniverse.com/biography/bradford.html</p>	<p>Regeneration of knee tissues -- hip tissues -- shoulder tissues --- Dr. Jack Seaquist, Austin, Texas (512) 454-4561 --- Dr. Kevin Stone [Stone Foundation For Sports Medicine and Arthritis Research...San Francisco, California].....(415) 563-3110 ---- www.stoneclinic.com</p>
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Human Psychology & Mental Wellness

<p>* Inner-child & Self Leadership oriented Psychology John Bradshaw Workshops -- for your area call 1(800) 6-BRADSHAW Stephen Covey Leadership Center Workshops -- call 1(800) 255-0077 Omega Institute -- Rhinebeck, New York 1 (800) 944-1001 Casey Treat: Blue Print For Life (800)644-4446 Evolving Perspectives Professional Seminars (972) 289-6059 ETG Training Packet [\$free] -- etgrun@hotmail.com</p>	<p>* Eating Disorder Clinics Peggy Claude Pierre Montrose Clinic -- Vancouver, Canada "Inner Child" oriented Clinics -- for one in your area call (510) 527-2100 *Books Homecoming -- John Bradshaw Life Strategies -- Phil McGraw Seat Of The Soul -- Gary Zukav</p>
<p>* Biofeedback [for anxiety, chronic fatigue, fibromyalgia, etc] Association For Applied Psychophysiology and Biofeedback http://www.aapb.org/ To find someone in your area...Biofeedback Certification Institute Of America.....http://www.bcia.org/GeneralInfo_FindPractitioner.cfm</p>	<p>* Music Therapy Steven Halpern -- innerpeacemusic.com</p>

General Medicine

<p>* Nurse Practitioners & General Medicine Clinics American Academy Of Nurse Practioners -- (512) 442-4262 American College of Nurse Midwives -- (888) 643-9433 Dr. Donald Whitaker.....210 East Elizabeth Street; Jefferson, Texas; 75657.....1-903-665-7781.....Completely Fit Health Foundation (Jefferson, Texas) - 1-800-232-6234 Dr. Reginald Cherry -- 1 (888) dr cherry P.O.box 27711, Houston Tx. 77227 drcherry.org Center For Integrative Medicine (Dr. Andrew Weil) -- Tuscon, Arizona Dr. Helen Pensanti -- P.O.box 7530, Newport Beach, California 92660 [714]542-8333 Dr. Norman Shealy--Institute For Comprehensive Health, Springfield, MO Dr. Ross Hauser -- Proliferative (Prolo) Therapy, Oak Park, Illinois</p>	<p>National Intstitues of Health.....Complementary and Alternative Medicine.....888-NIH-6226 *On Television (Trininty Broadcasting Network -- TBN-Austin,Tx. channel 280) Dr. Helen Pensanti -- Tuesdays 11:00 am central time Dr. Donald Whitaker -- Thursdays 10:30am central time Dr. Reginald Cherry -- Saturdays 3:30pm central time *Books Spontaneous Healing -- Andrew Weil Ageless Body Timeless Mind -- Deepak Chopra</p>
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Allergies

-- Dr. Mary Ann Block
The Block Center | 1750 Norwood | Hurst, Texas 76054
817.280.9933 -- Metro 817.268.3377 -- 1-888-DR BLOCK

Attention Deficit Disorder

-- Dr. Mary Ann Block.....**The Block Center | 1750 Norwood | Hurst, Texas**
76054.....817.280.9933 -- Metro 817.268.3377 -- 1-888-DR BLOCK
 -- Dr. Valerie Saxion -- Ft. Worth, Tx. [1-800-493-1146]

The average American takes 11 prescription drugs

[Kaiser Health Foundation].

[The phrase "takes prescription drugs" means new prescriptions and refills]

Drugs interact with one another. Statistically, once you're taking 3 - 5 drugs you ...have a 100% chance of a drug interaction, whether you notice symptoms or not.

"For every dollar we spend on prescription drugs, we spend a dollar to fix the complication."

Dr. Mehmet Oz [Professor of Surgery, Columbia University]

"Most drugs are only effective for a small percentage of people who take them."

Michael Leavitt [U.S. Secretary of Health & Human Services 2005 - 2009]

".....the benefits that US health care currently deliver may not outweigh the aggregate health harm it imparts."

Journal Of The American Medical Association...Volume 302 #1..July 1, 2009...page 89 - 91

"All the good things....they don't teach us in medical school, because the drug companies pay for our education."

Dr. John Sessions M.D.

Just Say No.....To Traditional Medicine

“The doctors do not always know best and often fail to provide the appropriate care.”

When Doctors Don't Know Best
Consumer Reports On Health.....April 2002

“The fact is that the US population does not have anywhere near the best health in the world.”

“12,000 deaths/year from unnecessary surgery”

“106,000 deaths/year from nonerror, adverse effects of medications “

B. Starfield, MD
Is US Health Really the Best in the World?

Journal of The American Medical Association.....Volume 284 #4.....July 26, 2000.....page 483 - 485

"We don't have the best health care system. In fact, what we have is a very expensive sick-care system. If we're going to improve health care, we're going to have to start with keeping people healthy."

--- Jocelynn Elders [former United States Surgeon General]

.....”most doctors don't read or understand medical research....”

Richard Smith editor, British Medical Journal,
Do patients need to read research?

British Medical Journal..... Volume 326 #14.....June

“He cites data that 85% of current practice has not been scientifically validated despite medicine's claims of the physician-scientist.”

AANA Journal..... Volume 66 #6....December 1998.....page 575 - 582

"All the good things.....they don't teach us in medical school, because the drug companies pay for our education."

--- John Sessions M.D.

Just Say No.....To Traditional Medicine

Practicing medicine --with-- a license, has become the most dangerous form of medicine in the United States. **Our medical schools** have been, and continue to be **in as bad a shape as some of our K-12 public schools**. Traditional medicine today.....is pharmacy and pharmacology, little more and nothing less.

In traditional medicine, identifying and aggressively addressing the mechanisms of disease is --not-- considered to be an objective of medical “treatment”. The definition of the term...“treatment”...is now the diagnosis of a disease followed by the masking of its symptoms by a prescription drug.

At some point in the next few years, all Americans will have to choose between -----
health care.....or.....health insurance

Our country cannot afford both.

Competent “self-care” is.....

--- the way out

--- the way forward

--- and the only way our country will avoid bankruptcy

Just Say No.....To Traditional Medicine

“In a 2000 study of heart attack patients.....mortality rates rose by 1% for every two years since a patient's doctor graduated from medical school.”

The problem is not aging but the challenge of keeping up to date with rapidly evolving medical science, Choudhry says.

USA TODAY [2/14/2005]
Older doctors try to keep up
By Liz Szabo

“...many of the 20 thousand American doctors who examine mammograms still lack the specialized skills necessary to do so effectively and neither they, nor their patients, have the tools to find out which doctors are competent and which are not.”

Doctors Unfit To Read Mammography?
June 28, 2002
CBS/The Early Show

“Doctors must keep up to date with new knowledge and procedures if they are to maintain their competence.”

Harvey Bennett [The Renaissance Group, Broadstone, Dorset (UK)]

“Family physicians and Ob/Gyns often don’t have time to keep up with the latest developments in breast cancer prevention and care.”

[2/24/2004] Understanding New Directions in Breast Cancer Care
James Cancer Hospital, Ohio State University

Mary Frank, president of the American Academy of Family Physicians.....the medical profession needs to find better ways to help doctors stay current.

"Medicine has got to move into the next generation, with lifelong learning, lifelong self-assessment and lifelong improvement."

USA TODAY [2/14/2005]
Older doctors try to keep up
By Liz Szabo

“Doctors are taught to give a drug for this symptom and a drug for that symptom and not taught about how to correct the underlying problem. And it is not because of a big conspiracy on the part of doctors.”

“Mostly, it's because the doctors have never heard of anything else, that's all they have been exposed to.”

Why Don't More Doctors Know About This?
[wilsonstemperaturesyndrome.com]

The **drug culture that traditional medicine** has now become.....

--- Around 45% of Americans have at least 1 prescription drug.

--- 1 in 6 of Americans have at least 3 prescription drugs.

--- The average American over the age of 65 has 3 - 6 prescription drugs.

--- Each year about --98,000-- Americans die from taking the recommended dosage of their prescribed medication.

"This building is on very shaky ground. Would I condemn it? No, but I would tell people, 'You go in at your own risk'"

[Dr. Catherine DeAngelis, editor.....Journal Of The American Medical Association]

"Dr. Jerry Avorn, a Harvard Medical School expert who wrote a book on the drug industry, says recent revelations about the FDA suggest "a culture of denial" about dangerous side effects, especially once a drug is on the market."

[U.S. Drug Safety System Shaky, Some Experts Say....by Jeff Donn...The Associated Press]

What's Wrong With Traditional Medicine

In the late 1800's, the American Medical Association got their membership together and successfully lobbied state legislatures and Congress to effectively.....outlaw.....their competition in this country. Hence the purpose of each state's Medical Act.

It is well known from the history of various industries in the U.S., what happens when a single group gets what is basically an anti-trust waiver to eliminate all competition. People in that group eventually and inevitably lower the quality of their product, jack up the price, and fail to behave in a manner that benefits the customer.

Over the last 100 years, the traditional medical community has priced themselves out of their own market of what are basically....."guaranteed".....customers.

They have become intellectually lazy, and have allowed a middle man [insurance companies] to step in and finish the job of running their profession into the ground. This is why many states are pulling back on their Medical Acts, now allowing Nurse Practitioners to diagnose. It won't be long before they'll also decide to allow other health care practitioners to have some corner of turf as well. These are the kinds of things that inevitably happen as the consequences of bad business.

A license to practice is no longer enough. Reading research is a major part of the job that most are unwilling to pursue. The major problem with traditional medicine in the United States...is the combination of ignorance + low expectations. "My people perish from a lack of knowledge."

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